

Case studies :

Case Study 1:

When SP came to Tridal for the first time he was disheveled & reluctant to sit with others & work . Being graduate he thought this was a very lowly work e.g. cleaning grains & weighing packets . He was explained that this work will help him set up a routine which will help him when he finds a job later . His parents had tried to find jobs for him earlier but he could not continue anywhere for more than a couple of months. After a couple of months he started participating in taking up tasks which were little difficult than what he was doing. Slowly he started making friends & talking to the other Shubharthis. He took up the task of painting the earthen lamps , suggesting combinations of colours . Now after 2 years he wants to manage the stall at IPH . He is smiling , telling jokes while working & comes neat & tidy . He used to write poems before the onset of illness which he had stopped . Now he has found his mettle again & has started writing poetry .

Case Study 2:

SB was diagnosed 15 yrs. ago & his parents had tried various options for him to work but being very shy & non communicative he could not succeed in any. His mother brought him to Tridal for 2 days but he refused to sit & went back home. We suggested his mother that she could join as a volunteer if she wished . She was happy with this idea & started coming once a week & turned out to be an asset as a volunteer . She started sharing her day at Tridal & narrating incidences at home . After 1 year SB himself asked her if he could accompany her. She was extremely happy but didn't show it to him & he accompanied her . Initially he was doing the work given to him but not with much enthusiasm . After 6 months he started asking for more difficult work himself & now

he can do most of the activities at Tridal & also manages the sales counter . His communication has improved . He may not volunteer but answers the questions, participates in cognitive games & sometimes surprises with his witty answer . He has started dressing better & even accompanied the Tridal team to the wedding of the daughter of one of the volunteers which according to his mother he had not done in the past 10 yrs.

Case Study 3:

JP was brought to Tridal by her mother when she was diagnosed 5 yrs. back & had left education after 10th std. She came in a very untidy condition with uncombed hair & vacant eyes . Her face was completely devoid of any emotion & one would wonder whether she had heard what one said. She used to come like a robot & sit at one place with no eye contact to anyone & not touching any work. The volunteers used to include her in morning prayer or picking up her glass after drinking tea but not with much success . Almost after 9 to 10 months she started looking around & joined the group cleaning grains , then slowly answering questions , picking up glasses after tea time , helping in serving . She is with us for more than 5 yrs. now. There is not much improvement in graduating to difficult tasks but she is meticulous in the tasks given to her , shows interest in work , learnt to use sealing machine & does sealing work , comes regularly & had appeared for her 12 std, exam. Now she has a million dollar smile on her face !